

FIBER-OPTIC EVALUATION OF SWALLOWING

Berlin Dysphagia Index - Anatomy

Name: _____ Birth: _____	Label
Diagnosis:	
Date	

Question:

Feeding	Oral	PEG	Naso-Gastric	Parenteral
Tracheostomy Tube (TT)	None	Speaking Tube	Cuffed	De-Cuffed
	Eat de-cuffed		Eat cuffed	
Therapy	None	F.O.T.T.	Functional	Frequency:.../W
Anaesthesia	Nose	Pharynx	Larynx	
Way of examination	Nose R	Nose L	Oral	Tracheostoma
Posture	Sitting	Wheelchair	Bed	
Glasgow-Coma-Scale				

Results

Mucosa membrane / Swallowing rate

Mucosa	Normal	0	Red	1	Dry	1
Swallowing rate	1 min:		2 min:		5 min:	

Palate

Findings	Symmetry	Hyperplasia	R	L	Defect	R	L
Mobility	Equal	0	Limited	R 1 L 1	Absent	R 2 L 2	
Closure	Equal	0	Limited	R 1 L 1	Absent	R 2 L 2	

Posterior pharyngeal wall

Findings	Symmetry	Hyperplasia	R	L	Defect	R	L
Mobility	Equal	0	Limited	R 1 L 1	Absent	R 2 L 2	

Tongue base / Valleculae

Findings	Symmetry	Hyperplasia	R	L	Defect	R	L
Mobility	Equal	0	Limited	R 1 L 1	Absent	R 2 L 2	

Piriform Sinus

Findings	Symmetry	Hyperplasia	R	L	Defect	R	L
Mobility	Equal	0	Limited	R 1 L 1	Absent	R 2 L 2	

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Larynx

Anatomy

Arytenoid cart.	Symmetry	Hyperplasia	R	L	Defect	R	L
Epiglottis	Symmetry	Hyperplasia	R	L	Defect	R	L
Pocket cords	Symmetry	Hyperplasia	R	L	Defect	R	L
Vocal cords	Symmetry	Hyperplasia	R	L	Defect	R	L

Function

Vocal Cords	Symmetry	Hyperplasia	R	L	Defect	R	L
Breath holding	Possible	0	Limited	1	Impossible	2	
Breath holding (Pressing)	Possible	0	Limited	1	Impossible	2	
Respiration	Possible	0	Limited	1	Impossible	2	
Phonation	Possible	0	Limited	1	Impossible	2	

Trachea (due to tracheostoma)

Mucosa	Normal	Inflammation above cuff	Inflammation below cuff
Saliva	Above Cuff	Below Cuff	

Sensitivity

	Right	Left
Nose		
Epipharynx		
Palate		
Tongue base		
Pharyngeal wall		
Larynx		

Score Findings	
Total	

(0 Deaf, + Felt, ++ Dislike, +++ Choke)

Resume

Investigator: _____ Date: _____